Hanuman Chalisa Lyrics in English, Hindi and Meaning

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श्रीगुरु चरन सरोज रज, निज मन मुकुर सुधारि।	Shreeguru charana saroja raja, nija mana mukura sudhaari|
बरनऊँ रघुबर बिमल जसु, जो दायक फल चारि।।	Baranaoon raghubara bimala jasu, jo daayaka phala chaari||
बुद्धिहीन तनु जानिके, सुमिरौं पवन-कुमार।	Buddhiheena tanu jaanike, sumiraum pavana-kumaara|
बल बुद्धि विद्या देहु मोहिं, हरहु कलेश विकार।।	Bala buddhi vidyaa dehu mohim, harahu kalesha vikaara||
जय हनुमान ज्ञान गुण सागर।	Jaya hanumaana jnyaana guna saagara|
जय कपीस तिहुँ लोक उजागर।।	Jaya kapeesa tihun loka ujaagara||
रामदूत अतुलित बल धामा।	Raamadoota atulita bala dhaamaa|
अंजनि-पुत्र पवनसुत नामा।।	Amjani-putra pavanasuta naamaa||
महाबीर बिक्रम बजरंगी।	Mahaabeera bikrama bajaramgee|
कुमति निवार सुमति के संगी।।	Kumati nivaara sumati ke samgee||
कंचन बरन बिराज सुवेसा।	Kamchana barana biraaja suvesaa|
कानन कुण्डल कुंचित केसा।।	Kaanana kundala kumchita kesaa||
हाथ वज्र औ ध्वजा बिराजै।	Haatha vajra au dhvajaa biraajai|
काँधे मूँज जनेऊ साजै।।	Kaandhe moonja janeoo saajai||
शंकर सुवन केसरी नंदन।	Shamkara suvana kesaree namdana|
तेज प्रताप महा जग वंदन।।	Teja prataapa mahaa jaga vamdana||
विद्यावान गुनी अति चातुर।	Vidyaavaana gunee ati chaatura|
राम काज करिबे को आतुर।।	Raama kaaja karibe ko aatura||
प्रभु चरित्र सुनिबे को रसिया।	Prabhu charitra sunibe ko rasiyaa|
राम लखन सीता मन बसिया।।	Raama lakhana seetaa mana basiyaa||
सूक्ष्म रूप धरि सियहिं दिखावा।	Sookshma roopa dhari siyahim dikhaavaa|
विकट रूप धरि लंक जरावा।।	Vikata roopa dhari lamka jaraavaa||
भीम रूप धरि असुर संहारे।	Bheema roopa dhari asura samhaare|
रामचन्द्र के काज सँवारे।।	Raamachandra ke kaaja sanvaare||
लाय सजीवन लखन जियाए।	Laaya sajeevana lakhana jiyaae|
श्रीरघुबीर हरषि उर लाए।।	Shreeraghubeera harashi ura laae||
रघुपति कीन्ही बहुत बड़ाई।	Raghupati keenhee bahuta badaaee|
तुम मम प्रिय भरतहि सम भाई।।	Tuma mama priya bharatahi sama bhaaee||
सहस बदन तुम्हरो जस गावैं।	Sahasa badana tumharo jasa gaavaim|
अस कहि श्रीपति कंठ लगावैं।।	Asa kahi shreepati kamtha lagaavaim||
सनकादिक ब्रह्मादि मुनीसा।	Sanakaadika brahmaadi muneesaa|

नारद सारद सहित अहीसा।।	Naarada saarada sahita aheesaa||
जम कुबेर दिगपाल जहाँ ते।	Jama kubera digapaala jahaan te|
कवि कोविद कहि सके कहाँ ते।।	Kavi kovida kahi sake kahaan te||
तुम उपकार सुग्रीवहिं कीन्हा।	Tuma upakaara sugreevahim keenhaa|
राम मिलाय राज पद दीन्हा।।	Raama milaaya raaja pada deenhaa||
तुम्हरो मंत्र विभीषण माना।	Tumharo mamtra vibheeshana maanaa|
लंकेश्वर भए सब जग जाना।।	Lamkeshvara bhae saba jaga jaanaa||
युग सहस्र योजन पर भानू।	Yuga sahasra yojana para bhaanoo|
लील्यो ताहि मधुर फल जानू।।	Leelyo taahi madhura phala jaanoo||
प्रभु मुद्रिका मेलि मुख माहीं।	Prabhu mudrikaa meli mukha maaheem|
जलधि लाँघि गये अचरज नाहीं।।	Jaladhi laanghi gaye acharaja naaheem||
दुर्गम काज जगत के जेते।	Durgama kaaja jagata ke jete|
सुगम अनुग्रह तुम्हरे तेते।।	Sugama anugraha tumhare tete||
राम दुआरे तुम रखवारे।	Raama duaare tuma rakhavaare|
होत न आज्ञा बिनु पैसारे।।	Hota na aajnyaa binu paisaare||
सब सुख लहै तुम्हारी सरना।	Saba sukha lahai tumhaaree saranaa|
तुम रक्षक काहू को डरना।।	Tuma rakshaka kaahoo ko daranaa||
आपन तेज सम्हारो आपै।	Aapana teja samhaaro aapai|
तीनों लोक हाँक तें काँपै।।	Teenom loka haanka tem kaanpai||
भूत पिशाच निकट नहिं आवै।	Bhoota pishaacha nikata nahim aavai|
महाबीर जब नाम सुनावै।।	Mahaabeera jaba naama sunaavai||
नासै रोग हरै सब पीरा।	Naasai roga harai saba peeraa|
जपत निरंतर हनुमत बीरा।।	Japata niramtara hanumata beeraa||
संकट तें हनुमान छुड़ावै।	Samkata tem hanumaana chhudaavai|
मन क्रम वचन ध्यान जो लावै।।	Mana krama vachana dhyaana jo laavai||
सब पर राम तपस्वी राजा।	Saba para raama tapasvee raajaa|
तिन के काज सकल तुम साजा।।	Tina ke kaaja sakala tuma saajaa||
और मनोरथ जो कोई लावै।	Aura manoratha jo koee laavai|
सोई अमित जीवन फल पावै।।	Soee amita jeevana phala paavai||
चारों जुग परताप तुम्हारा।	Chaarom juga parataapa tumhaaraa|
है परसिद्ध जगत उजियारा।।	Hai parasiddha jagata ujiyaaraa||
साधु संत के तुम रखवारे।	Saadhu samta ke tuma rakhavaare|
असुर निकंदन राम दुलारे।।	Asura nikamdana raama dulaare||

अष्ट सिद्धि नौ निधि के दाता।	Ashta siddhi nau nidhi ke daataa|
अस बर दीन जानकी माता।।	Asa bara deena jaanakee maataa||
राम रसायन तुम्हरे पासा।	Raama rasaayana tumhare paasaa|
सदा रहो रघुपति के दासा।।	Sadaa raho raghupati ke daasaa||
तुम्हरे भजन राम को पावै।	Tumhare bhajana raama ko paavai|
जनम जनम के दुख बिसरावै।।	Janama janama ke dukha bisaraavai||
अंत काल रघुबर पुर जाई।	Amta kaala raghubara pura jaaee|
जहाँ जन्म हरिभक्त कहाई।।	Jahaan janma haribhakta kahaaee||
और देवता चित्त न धरई।	Aura devataa chitta na dharaee|
हनुमत सेइ सर्व सुख करई।।	Hanumata sei sarva sukha karaee||
संकट कटै मिटै सब पीरा।	Samkata katai mitai saba peeraa|
जो सुमिरै हनुमत बलबीरा।।	Jo sumirai hanumata balabeeraa||
जय जय जय हनुमान गोसाईं।	Jaya jaya jaya hanumaana gosaaeem|
कृपा करहु गुरुदेव की नाईं।।	Kripaa karahu gurudeva kee naaeem||
जो सत बार पाठ कर कोई।	Jo sata baara paatha kara koee|
छूटहि बंदि महा सुख होई।।	Chhootahi bamdi mahaa sukha hoee||
जो यह पढ़ै हनुमान चालीसा।	Jo yaha padhai hanumaana chaaleesaa|
होय सिद्धि साखी गौरीसा।।	Hoya siddhi saakhee gaureesaa||
तुलसीदास सदा हरि चेरा।	Tulaseedaasa sadaa hari cheraa|
कीजै नाथ हृदय महँ डेरा।।	Keejai naatha hridaya mahan deraa||
पवनतनय संकट हरन, मंगल मूरति रूप।	Pavanatanaya samkata harana, mamgala moorati roopa|
राम लखन सीता सहित, हृदय बसहु सुर भूप।।	Raama lakhana seetaa sahita, hridaya basahu sura bhoopa||

Meaning, verse by verse

Opening doha 1 (lines 1–2)	With the dust of my guru's lotus feet I polish the mirror of my mind, and then I sing the pure glory of Rama, best of the Raghu clan, which gives the four fruits of life.
Opening doha 2 (lines 3–4)	Knowing myself to be without understanding, I remember Hanuman, son of the Wind. Give me strength, wisdom and knowledge, and take away my troubles and faults.
Chaupai 1 (lines 5–6)	Victory to Hanuman, ocean of wisdom and virtue. Victory to the lord of the monkeys, who lights up the three worlds.
Chaupai 2 (lines 7–8)	You are Rama's messenger, home of matchless strength, known as Anjani's son and the son of the Wind.
Chaupai 3 (lines 9–10)	Great hero, mighty, with a body as strong as a thunderbolt: you drive away bad thinking and stay beside good sense.

Chaupai 4 (lines 11–12)	Your body shines golden and you are finely dressed, with rings in your ears and curly hair.
Chaupai 5 (lines 13–14)	In your hands shine a thunderbolt (vajra) and a flag, and a sacred thread of munja grass sits on your shoulder.
Chaupai 6 (lines 15–16)	You are the son of Shankara (Shiva) and the joy of Kesari; your radiance and glory are honored by the whole world.
Chaupai 7 (lines 17–18)	You are learned, virtuous and very clever, always eager to do Rama's work.
Chaupai 8 (lines 19–20)	You love to hear the Lord's story; Rama, Lakshmana and Sita live in your heart.
Chaupai 9 (lines 21–22)	Taking a tiny form you showed yourself to Sita; taking a terrifying form you set Lanka on fire.
Chaupai 10 (lines 23–24)	Taking a mighty form you destroyed the demons and completed Rama's tasks.
Chaupai 11 (lines 25–26)	You brought the life-giving herb and revived Lakshmana, and Rama embraced you with joy.
Chaupai 12 (lines 27–28)	Rama praised you greatly: 'You are as dear to me as my brother Bharata.'
Chaupai 13 (lines 29–30)	'May the thousand-mouthed serpent sing your glory,' the Lord said, and he held you close.
Chaupai 14 (lines 31–32)	Sanaka and the sages, Brahma and the great munis, Narada, Saraswati and the king of serpents,
Chaupai 15 (lines 33–34)	Yama, Kubera and the guardians of the directions, and all poets and scholars: none of them can fully tell your glory.
Chaupai 16 (lines 35–36)	You did Sugriva a great kindness: you brought him to Rama and gave him back his kingdom.
Chaupai 17 (lines 37–38)	Vibhishana followed your counsel and became king of Lanka, as the whole world knows.
Chaupai 18 (lines 39–40)	The sun, thousands of yojanas away, you swallowed, thinking it was a sweet fruit.
Chaupai 19 (lines 41–42)	With the Lord's ring in your mouth you leapt across the ocean; no wonder at all for you.
Chaupai 20 (lines 43–44)	Every hard task in the world becomes easy by your grace.
Chaupai 21 (lines 45–46)	You guard Rama's door; no one enters without your permission.
Chaupai 22 (lines 47–48)	Whoever takes refuge in you finds every happiness; with you as protector, there is nothing to fear.

Chaupai 23 (lines 49–50)	Only you can hold your own power; the three worlds tremble at your roar.
Chaupai 24 (lines 51–52)	Ghosts and evil spirits do not come near when the name of the great hero is spoken.
Chaupai 25 (lines 53–54)	Illness is destroyed and all pain removed by steadily repeating the name of brave Hanuman.
Chaupai 26 (lines 55–56)	Hanuman frees from trouble everyone who keeps him in mind, deed and word.
Chaupai 27 (lines 57–58)	Rama, the ascetic king, is above all, and you carried out all his work.
Chaupai 28 (lines 59–60)	Whoever comes to you with any wish receives the boundless fruit of life.
Chaupai 29 (lines 61–62)	Your glory fills all four ages, and your light is known throughout the world.
Chaupai 30 (lines 63–64)	You protect the holy and the good, destroy the demons, and are dear to Rama.
Chaupai 31 (lines 65–66)	You can give the eight powers and nine treasures; Mother Sita gave you this boon.
Chaupai 32 (lines 67–68)	You hold the elixir of Rama's name; may you always remain the servant of Rama.
Chaupai 33 (lines 69–70)	Through devotion to you one reaches Rama and forgets the sorrows of many lifetimes.
Chaupai 34 (lines 71–72)	At the end one goes to Rama's city, and wherever one is born, one is known as a devotee of Hari.
Chaupai 35 (lines 73–74)	Even without keeping any other god in mind, serving Hanuman brings every happiness.
Chaupai 36 (lines 75–76)	Troubles are cut away and all pain ends for whoever remembers the mighty hero Hanuman.
Chaupai 37 (lines 77–78)	Victory, victory, victory to Lord Hanuman! Be gracious to me as a guru is.
Chaupai 38 (lines 79–80)	Whoever recites this a hundred times is freed from bondage and finds great happiness.
Chaupai 39 (lines 81–82)	Whoever reads this Hanuman Chalisa gains success; Shiva, Lord of Gauri, is witness.
Chaupai 40 (lines 83–84)	Tulsidas, forever Hari's servant, prays: Lord, make your home in my heart.
Closing doha (lines 85–86)	Son of the Wind, remover of troubles, embodiment of all that is auspicious: with Rama, Lakshmana and Sita, live in my heart, king of the gods.

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